



# BACK TO BASICS A CISPA GUIDE FOR SCHOOL DISTRICTS



## WHO IS CISPA?

Communities in Schools of Pennsylvania is part of a national network serving more than 2,500 schools in 25 states and the District of Columbia. CISPA's mission is to surround students with a community of support, empowering them to stay in school and achieve in life. Locally, CISPA is a leader in student supports, serving kids in 27 sites across 11 school districts. Our team of caring adults does whatever it takes to help kids succeed inside and outside of the classroom, regardless of the obstacles they face.

## WHAT IS INTEGRATED STUDENT SUPPORTS?

Integrated Student Supports (ISS) is an evidence-based model of wraparound student supports that embraces a whole child perspective. ISS integrates social, emotional, and academic development and addresses out-of-school factors that hinder kids from coming to the classroom ready to learn.

It is the role of CISPA site staff to implement Integrated Student Supports in a way that serves the unique needs of each school community. Site staff works one-on-one with students who need help, but they also manage relationships with community partners and broker new services into the school.

## HOW DOES THE CIS MODEL FIT INTO MY SCHOOL?

Our evidence-based model of support is flexible to meet the needs of every school we serve, whether it's public, charter or private school in an urban, suburban or rural setting.

These unique supports begin with a school-support plan, which identifies school-wide goals, such as increasing attendance or improving family engagement.

These goals guide site staff's supports throughout the school year as they work in collaboration with the school's principals, teachers, and guidance counselors to help kids succeed.



# INTEGRATED STUDENT SUPPORTS

## A CLOSER LOOK AT THE MODEL



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The CIS Model of Integrated School Supports, illustrated here, is our evidence-based approach, adapted to meet each community's unique needs, and is the basis for our success.

After a comprehensive needs assessment and planning, CISPA staff begins delivering services through three different tiers of supports. Tiered supports enable CISPA to reach all students in the school building while also allowing us to provide more targeted supports to groups of students and individual students with significant needs.

## WHAT DOES CISPA SERVICE DELIVERY LOOK LIKE IN MY SCHOOL DISTRICT?



Provide at least four Tier I supports in each school site.



Facilitate and/or coordinate targeted Tier II support groups to address social, emotional and other student needs.



Case manage up to 65 students per school site.



Drive increases in academics, attendance, social emotional health and behavior outcomes.



Increase family engagement.



Participate and add value to school-based communities such as Multi-Tiered Systems of Support (MTSS) teams, Positive Behavioral Interventions and Supports (PBIS) teams.



Support school-wide initiatives such as implementing and designing new processes, programs and procedures to help improve the climate and culture of the building, supporting parent engagement and attendance initiatives.



Assist school leadership in achieving overall school goals.



# THREE TIERS OF SUPPORT TIERED SUPPORT EXAMPLES BY SERVICE CATEGORY



| SERVICE CATEGORY                          | TIER I: SCHOOL-WIDE   | TIER II: TARGETED  | TIER III: INDIVIDUALIZED  |
|---|---|--|---|
| <b>Academic Assistance</b>                | "Coffee Hour" to teach/train parents to support their children with math homework         | Weekly after school math program for case-managed students below grade level | One-on-one math tutoring for a case-managed students  |
| <b>Basic Needs/Resources</b>              | Universal breakfast program in conjunction with local food bank                           | Weekend backpack program for case-managed students with food insecurity      | Connect a case-managed student's food-fragile family with ongoing food bank program                         |
| <b>Behavior Intervention/Modification</b> | Develop a Positive Behavior Intervention (PBIS) program for the school to combat bullying | Bi-weekly anti-bullying peer groups for case-managed students                | Connect a case-managed student who struggles with bullying behavior with a behavior modification specialist |

\*The aforementioned examples are for illustrative purposes only and are neither exclusive nor prescriptive.



info@cisofpa.org



www.cisofpa.org



(717) 233-4330